



Basic Health Care Skills

Career Competition

Career Cluster: Health Sciences

State Qualifying Event: No

National Contest: Yes

Participation: Individual

Competition Description

Competitors demonstrate their knowledge and ability to perform entry-level procedures pulled from the National core standards

Tasks To Be Evaluated

For this specific competition, competitors will be expected to give a 5-7 minute presentation on a healthcare topic of their choice. The presentation will be judged on:

- Professionalism
- Knowledge of the topic presented
- Ability to present within the time constraints

Competitors will then participate in a small group simulation in which they will be judged in ability to

- Demonstrate teamwork, delegation, and safe patient care
- The simulation includes basic assessment of an infant and emergency care of an adult

Provided by Competitor

- Competitors should wear scrubs with a solid color and a watch with a second hand.

Provided by Technical Committee

- Medical equipment needed for competition.

Additional Information

- Contestants must come prepared to deliver a presentation with visual aids which may be no larger than 30"x30"x30"
- Three sided poster display boards are permitted
- If the presentation is digital, the student must provide the means to display presentation content. No laptop or monitor will be provided
- Employer and manufacturer trade names must be covered or removed. The presentation will neither promote nor advertise any commercial organization or product.



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Clothing Requirement

National Requirement:

Class B: Health care attire

- Official blue scrubs, white socks or skin-tone seamless hose and health professional's white leather work shoes
- **Shoes must be all white leather (no canvas) and completely enclosed (no open toe or heel)**
- **Athletic-style shoes that meet the aforementioned criteria are acceptable**

State Requirement:

National requirement OR

- Scrubs should fit appropriately for all health competitions and should be properly hemmed and wrinkle free.
- Only plain, white, collarless T-shirts may be worn underneath the scrubs.
- Hair must be pinned up and off the collar.
- White socks or white seamless/nonpattern hose visible above the top of the shoe.
- Health professionals white or black leather work shoes.
- Shoes must be all-white or black leather (no canvas/mesh), completely enclosed (no open-toe or open-heel).
- Athletic-style shoes that meet the criteria are acceptable.
- Any embroidered names or school patches must be covered, if applicable.