



Practical Nursing

Career Competition

Career Cluster: Health Sciences

State Qualifying Event: Yes

National Contest: Yes

Participation: Individual

Competition Description

Competitors are judged on their knowledge of medical terminology, body structure and function, time management, physical assessment, and nursing care.

Tasks To Be Evaluated

In this specific competition, competitors will participate in an emergency department simulation which includes:

- focused assessment of a stable patient
- patient education for procedural consent
- foley catheter management
- blood transfusion monitoring
- suction equipment testing

Provided by Competitor

- Students should wear scrubs which are a solid color as well as a watch with a second hand
- Stethoscope
- Penlight

Provided by Technical Committee

- Any additional instruments, equipment, and materials required for the competition



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Clothing Requirement

National Requirement:

Class B: Health care attire

- Official blue scrubs, white socks or skin-tone seamless hose and health professional's white leather work shoes
- **Shoes must be all white leather (no canvas) and completely enclosed (no open toe or heel)**
- Athletic-style shoes that meet the aforementioned criteria are acceptable

State Requirement:

National requirement OR

- Scrubs should fit appropriately for all health competitions and should be properly hemmed and wrinkle free.
- Only plain, white, collarless T-shirts may be worn underneath the scrubs.
- Hair must be pinned up and off the collar.
- White socks or white seamless/nonpattern hose visible above the top of the shoe.
- Health professionals white or black leather work shoes.
- Shoes must be all-white or black leather (no canvas/mesh), completely enclosed (no open-toe or open-heel).
- Athletic-style shoes that meet the criteria are acceptable.
- Any embroidered names or school patches must be covered, if applicable.